

**PLYMOUTH BAY  
Seed Stitch Cowl**



**Materials:** 1—200g hank Plymouth Bay, shown in color 6

**Size:** About 24” x 10” after blocking

**Gauge:** 1.5 sts = 1” over pattern on size 17 needles.

**Needles:** 16” circular size US 17; a size 19 needle for bind off if available.

**Cowl:**

With the 16” circular needle, **loosely** cast on 35 sts. Join in the round, taking care not to twist the sts. No need for a stitch marker—the rows will change automatically to work in seed stitch.

Begin pattern:

\*(K1, P1); repeat from \* around, and just continue through all remaining rounds. The stitch pattern will adjust automatically since you have an odd number of sts.

Continue repeating until almost out of yarn, ending near the beginning of the round if possible; and leaving enough yarn for a very loose bind off. Bind off loosely knitwise using a larger needle if possible. Weave in all ends. Block out.

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