

PLYMOUTH YARN®

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F798

RESERVE FINGERING Toe Up Socks



Cable Cuff Version

Lace Cuff Version

Approx. Finished Size: 8” around foot (unstretched)

Approx. Finished Length: 6” tall cuff

Materials:

Reserve Fingering:

1—100g skein per pair, we used color 207 Cider Lane for Lace Cuff and 202 Island Time for Cabled Cuff

Gauge: 30 sts = 4” using size US 2 (2.75mm) needles in stockinette or size necessary to obtain gauge.

Needles: US 2 (2.75mm), two sets of 24” Circulars *or* 1 set of 5 DPNs, stitch markers, 1 cable needle or spare DPN.

ABBREVIATIONS: C3B= sl 1 stitch to cable needle and hold to back, k2, k1 from cable needle, C3F= sl 2 sts to cable needle and hold to front, k1, k2 from cable needle, C4B= sl 2 stitches to cable needle and hold to back, k2, k2 from cable needle, C4F= sl 2 sts to cable needle and hold to front, k2, k2 from cable needle, BO= bind off, dec = decrease, inc = increase, k = knit, k2tog = knit two together, pssso = pass slip stitch over, p = purl, RS= right side, sl = slip, SSK = slip 1 st as if to knit, slip a second st as if to knit, knit them together through the back loop, st(s) = stitch(es), st st = stockinette st, tbl = through back loop, tog = together, WS = Wrong Side, yo = yarn over.

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Cabled Cuff and Lace Cuff versions given

Special techniques:

MIL Make one left. Increase 1 stitch as follows: Insert left tip of needle away from you under the uppermost horizontal thread that lies between the two needles; knit into the back loop of this raised thread, thereby crossing the thread to the left.

MIR Make one right. Increase 1 stitch as follows: Insert left tip of needle toward you under the uppermost horizontal thread that lies between the two needles; knit into the front loop of this raised thread, thereby crossing the thread to the right.

Turkish Cast on: Make slip knot as normal. Place slip knot on one of the 2 needles (the slip knot is counted as a stitch). Holding 2 needles together in your left hand, with the slip knot on the “back” needle, wind towards yourself and around both needles for the total number of stitches to be cast on. The winding should be moderately snug. After the final loop forward, the yarn is brought up between the two needles. Place thumb on loops to hold them in place and slide the back needle so that the stitches are on the cable instead of the needle.

Begin the Toe:

Using the Turkish Cast on, cast on 16 stitches on each needle, 32 in total. To knit the first round on stitch, carry the yarn between the two needles.

Knit the stitches that are on the front needle. Use the opposite end of the needle that the stitches were wound on to knit this row. Slide the just knit stitches onto the cable of that needle. Turn the piece and slide the cast on stitches onto their needle for knitting.

*If using DPNs, divide stitches onto 4 needles after knitting the first round. Place a marker to designate needle 1. Knit a total of 2 rounds even before beginning toe increases

The Toes:

Rnd 1:

K1, MIL, knit to last stitch, MIR, K1* – first sock front complete, [This row only, place a marker between the stitches to designate the front side of sock]. Repeat * * on the back side of sock

*With DPNs – Needle 1 + Needle 2 are the front side; Needle 3 + Needle 4 are the back side of the sock

Rnd 2 and all even numbered toe rounds – knit all stitches.

Repeat rounds 1 & 2 until sock toes have 30 stitches each on the front and back side, 60 stitches in total

The Foot:

Begin working the foot. Knit all stitches with no further increases until the foot measures the desired length from the toe, allowing 2.25 inches for the heel.

The Short Row Heel:

From this point until the completion of the heel, only the back side is worked on.

WRAP: slip the stitch from the left needle to the right needle as if to purl, put working yarn between the two needles to the opposite (front, when on the knit side, back on the purl side) side of your work, slip the same stitch BACK to the left hand needle, put your working yarn back to where it started then turn the work and continue knitting or purling.

Knit to the last stitch before the end of the row, wrap the next stitch, then turn

Purl back across to one stitch before the end of the row; wrap the last stitch.

Turn and knit back to 2 stitches before the end of the row. Wrap the next stitch.

Turn and purl back to 2 stitches before the end of the row. Wrap the next stitch

Turn and knit back to 3 stitches before the end of the row. Wrap the next stitch.

Turn and purl back to 3 stitches before the end of the row. Wrap the next stitch.

Continue on in this manner until you have ten of your original stitches left unwrapped at the center of the back of the

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heel. The heel is halfway completed

Second half of heel construction:

The second half of the heel is essentially the reverse of the first, instead of counting down stitches; you will count up, adding a stitch to the end of the row.

Knit across the row to the first wrapped stitch. Pick up the wrap and knit the stitch at the same time [as though you were knitting them together for a decrease]. Slip and wrap the next stitch Turn and purl back, picking up the first wrap by slipping the stitch knit wise onto the right needle, picking up the wrap and sliding the slipped stitch back to the left needle. Purl the group of stitches together in the back of the stitch and put the second wrap on the next stitch.

From this point forward, the end stitch will have 2 wraps. As they are added back into the heel, you must pick up both wraps plus the stitch and knit them together (in the regular way for knit side rows & purled in the back for purl side rows). This prevents any holes in the finished heel as the wraps fill the space.

Finish on a knit row. Pick up one extra stitch at the intersection point between the front & back of the sock on each side of the sock. These extra stitches will prevent a hole and will be decreased out on the first full round after the heel.

The Cuff:

Once both heels are completed, resume stitching in the round from the front side to the back. On the front side, begin the pattern for the cuff using either the text or the chart. When working the chart, work all rnds from right to left. On the backside, begin at the same point in the pattern stitch, BUT be sure to decrease out the extra picked up stitches at the beginning and end of the first pattern row. At this point, the pattern will wrap around from the front to the back.

Work the cuff for a total of 6 pattern repeats or height desired.

Cabled Cuff Pattern:

Rnds 1, 2, 4, 5, 6, 8: *K1, P2, K9, P2, K1* 4 times around the cuff

Rnds 3, 7: *K1, P2, C4F, K1, C4B, P2, K1* 4 times around cuff.

Lace Cuff Pattern:

Rnd 1: *P1, C3B, K2tog, YO, K2tog, YO, K1, P1* 6 times around the cuff

Rnds 2, 4, 6, 8: Knit all stitches

Rnd 3: *P1, K1, YO, K2tog, YO, K2tog C3F, P1* 6 times around the cuff

Rnd 5: *P1, C3F, K2tog, YO, K2tog, YO, K1, P1* 6 times around the cuff

Rnd 7: *P1, K1, YO, K2tog, YO, K2tog, C3B, P1* 6 times around the cuff.

Both Patterns- Rib Cuff

Change to K2P2 rib for one inch (or as desired-). For the Cabled Cuff version, we increased in the rib so that the cable worked attractively into the K2P2 rib by working the first rib rnd as follows:

Cabled Cuff First Rib Rnd:

*K1, p2, k2, pf&b, k2, p2, k2, p2, k1; rep from * 4 times around—4 sts inc'd. 64 sts on needles.

Once the sock has reached the top edge, reserve at least 24" of yarn for the bind off. bind off using the Sewn Bind Off and work in any ends.

The Sewn Bind Off:

Leave 24" of yarn, threaded in a tapestry needle. Take the tapestry needle through the first 2 stitches on the needle as if to purl, drawing the yarn through, but not tight. Take the tapestry needle back through the first stitch on the knitting needle as if to knit, turn and go back through stitch 2 & 3 as if to purl, dropping stitch 1 off the knitting needle. Repeat this process all the way around, dropping one stitch each pass until the edge is complete. This gives a nicely finished edge that is very stretchy for the top of the sock. It sometimes looks a little bumpy until the sock

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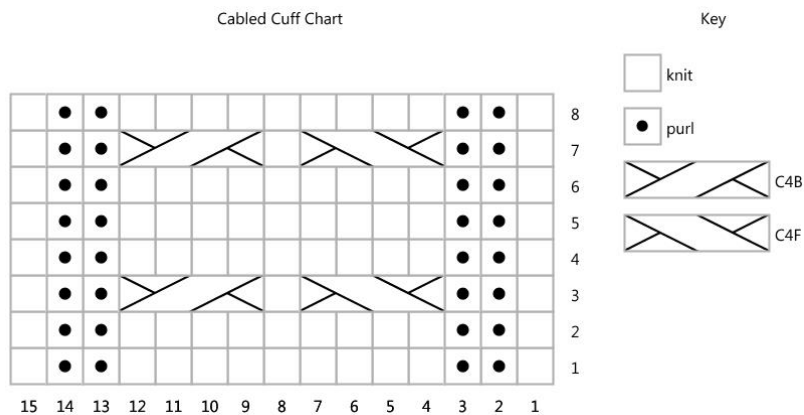
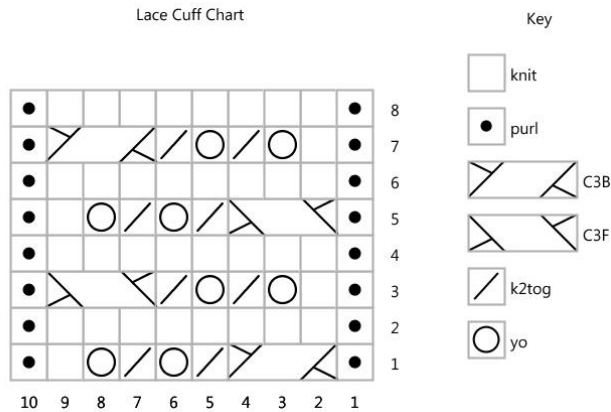
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has been fully stretched by being put on the first time.

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Designed by Lynne Winthrop



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