

Arequipa Worsted Lace Bed Socks



Size: Ladies Medium

Materials: 1 ball Arequipa Worsted-shown color 303

Needles: One set double pointed needles size US 6 (4.0mm).

Gauge: 22 sts = 4" using size US 6 needles over st st, or size necessary to obtain gauge.

Note: When slipping stitches, always slip as if to purl, except for the SKP.

SSK: slip 1 stitch as if to knit, slip a second stitch as if to knit, then knit the 2 stitches together.

k2tog: knit next 2 sts together; **yo:** bring yarn under needle to the front as if to get ready to purl, if yarn is already there because the last st was a purl, fine.

Throw yarn over top of needle, then get yarn into position for the next st: if next st is a knit, leave it behind needle, if next st is a purl, bring the yarn to the front by going under the needle again. So for the yo in round 1 of lace pattern the yarn will go all the way around the needle. For the yo in round 3 of lace pattern, the yarn will just go over the top of the needle to create the yo. **St St:** Stockinette stitch= knit every round.

CUFF: With one needle, cast on 42 sts. Divide onto 3 needles, and place marker at beginning of the round. Being careful not to twist the sts, join and work in the round as follows: *(K2, P1), repeat from * around. Work in K2-P1 ribbing for ½".

Change to lace pattern as follows:

Round 1: *(K2, p1, k2tog, yo, p1); repeat from * around.

Round 2: *(K2, p1); repeat from * around.

Round 3: *(K2, p1, yo, ssk, p1); repeat from * around.

Round 4: Repeat round 2. Work in lace pattern until total length is 3½", ending with either round 2 or 4, and working across 2 extra sts of the next round as k2.

DIVIDE FOR HEEL: Work across the next 22 sts as follows for the heel flap: Transfer sts around so that these 22

sts are on the first needle, and the rest of the sts on the other two needles. Work back and forth across the first needle ONLY as follows:

Row 1: Slip 1, knit across.

Row 2: Slip 1, purl across. Repeat these 2 rows for 20 rows total, then work row 1 once more. The heel will be 21 rows long.

TURN HEEL:

Row 1: Slip 1, purl 12, p2tog, p1, TURN.

Row 2: Slip 1, k5, k2tog, k1, TURN.

Row 3: Slip 1, purl to 1 st before the last turn (you'll see a small gap where the last turn was), p2tog, p1, TURN.

Row 4: Slip 1, knit to 1 st before the last turn (look for the gap), k2tog, k1, TURN.

Repeat rows 3 & 4 until all sts at the ends are used up, ending with a right side row: 14 sts

***GUSSET: Continuing to work with the same needle, pick up and knit 10 sts along the side of the heel (needle 1). Using a new needle, work across the sts on the next 2 needles (needle 2) in lace pattern as established. Using a new needle, pick up and knit 10 sts along the other side of the heel, and continue knitting to the center of the heel sts [7 sts] (needle 3). There should now be 17 sts on needles 1 & 3, and 20 sts on needle 2. The center of the heel is the beginning of the round; needle 2 contains the instep sts. Begin decreasing as follows:

Round 1: Knit needles 1 & 3, work across needle 2 as established.

Round 2: Knit to within 3 sts of the end of the first needle, k2tog, k1. Work across second needle in lace pattern. On third needle, k1, SKP, knit to end. Repeat rounds 1 & 2 until there are 10 sts left on both needles 1 & 3. Needle 2 will remain at 20 sts since no decreases take place there. You will have 40 sts. Begin to work even again, keeping needle 2 in lace pattern as established, until length from back of heel is 7", OR 1½" less than desired length of finished sock. At this point you can slip the sock on to see the length. Only the toenails should stick out.

TOE SHAPING:

Rearrange the sts on the needles, if necessary, so that there are now 10 sts on each of needles 1 & 3, and 20 sts on needle 2. The beginning of the round is still at the center back of heel. Begin decreasing as follows:

Round 1: On needle 1: knit to last 3 sts, k2tog, k1. On needle 2: K1, SSK, knit to last 3 sts, k2tog, k1. On needle 3: K1, SSK, knit to end (center of heel). Round 2: Knit.

Repeat rounds 1 & 2 until there are 20 sts left [5 sts on needles 1 & 3, and 10 sts on needle 2].

KITCHNER STITCH: Continuing to knit with needle 3, knit to the end of needle 1. There are now only 2 needles in use, 10 sts on each. Cut the yarn, leaving 18". Thread it onto a blunt needle. Hold the 2 needles parallel, you will now have a front needle and a back needle. Always keep the yarn beneath the needle as you work.

Step 1: Go into the first st on the front needle as if to knit, pull the st off the needle.

Step 2: Go into the second st on the front needle as if to purl, leave st on the needle.

Step 3: Go into the first st on the back needle as if to purl, pull the st off of the needle.

Step 4: Go into the second st on the back needle as if to knit, leave the st on the needle.

Now you have 4 new sts to work with. Repeat steps 1 - 4 until all sts are woven. Anchor on inside, weave in ends. Make a second sock; counting rows to make sure it is the same length.

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