

**SAKKIE**  
**Crochet Yoga Socks**



**To Fit Average Woman's  
Foot- 7 3/4" circumference**

**Materials:**

**Sakkie:**

**1—100G skein, color 401  
Ocean**

**Gauge:** 20 HDC and 18 rows =  
4" in pattern

**Hook:** US Size D/3 (3.25mm)

No heel or toe (the hardest part  
of sock making) so your heels  
and toes can grip the mat!

**SPECIAL STITCHES**

This consists of  
alternating front and back post  
stitches. These are double  
crochet stitches worked around  
the posts of previous stitches.

**POST STITCH RIB PATTERN**

*Front Post Double Crochet (FPDC):* YO and insert hook from front to back between the posts of DC of the previous row and bring it to the front again. YO and draw the yarn through, YO and through 2 loops, YO and through 2 loops, leaving one loop on the hk.

*Back Post Double Crochet (BPDC):* YO and insert hook from back to front between the posts of the DC of the previous row, draw up a loop and continue the DC.

As the work faces you, the back posts will sink back and the front posts will be raised.

**TOP RIBBING**

CH 41 loosely. DC in the 3rd ch from the hk and in each ch across. (The first row is worked flat and will be joined into a ring at the end of the row. This makes it easier to join without twisting. The little jog will be filled in when the beginning tail is worked in.) When the row is completed, join with a sl st into last ch worked in the previous row, being careful not to twist the sts.

\*Ch 2 (this will count as a HDC here and in each succeeding row), FPDC in the first st, BPDC in the second st, continue alternating the FPDC and BPDC around the work, ending with a FPDC. Sl st into the ch 2 that began the round. Rep from \* in rnds until work measures 4".

**FOOT**

Work 20 sts in established Post Stitch Rib Pattern. Ch 20 loosely and sl st into the ch 2 that began the rnd. Cont in **Post Stitch Rib Pattern** to the chain section and work HDC into each chain st. Sl st into the ch 2 that began the rnd. Work in the pattern as established with ribbing on the top of the foot and HDCs on the bottom. Work until the foot measures 4". Fasten off.

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