

WORSTED MERINO SUPERWASH KD
Headband and Mitts



To Fit: Average Sized Woman
Finished Measurements: Mitts- 6¾” circumference,
6 ½” (13 ¼”) long
Headband- 20”, (22) circumference

Materials: Worsted Merino Superwash Kettle Dyed:
1-200G skeins, color 1002 (mint) or 1001 (pink) for set
Gauge: 20 sts, 28 rows = 4” using size 7 needles over
stockinette stitch,
5.5 sts = 1” in cable pattern on size 7 after blocking.
Needles: Size US 5 & 7 knitting needles, 1 stitch marker,
Size 5 double points, cable needle

Cable Pattern (Multiple of 12 sts + 1)

Row 1 (RS): *p4, k2, MB, k2, p3; rep from *, end p1.
Row 2: *k4, p5, k3; rep from *, end k1
Row 3: *p4, MB, k3, MB, p3; rep from * end p1.
Row 4: same as row 2
Row 5: same as row 1
Row 6: same as row 2
Row 7: *p3, T3B, p1, T3F, p2; rep from * end p1.
Row 8: *k3, p2, k1, p1, k1, p2, k2; rep from * end k1.
Row 9: *p2, T3B, k1, p1, k1, T3F, p1; rep from * end p1.
Row 10: *k2, p3, k1, p1, k1, p3, k1; rep from * end k1.
Row 11: *p1, T3B, p1, (k1, p1)2x, T3F; rep from * end p1.
Row 12: *k1, p2, k1, (p1, k1)3x, p2; rep from * end k1.
Row 13: *p1, k3, p1, (k1, p1)2x, k3; rep from * end p1.
Row 14: same as row 12
Row 15: *p1, T3F, p1, (k1, p1)2x, T3B; rep from * end p1.
Row 16: same as row 10

Row 17: *p2, T3F, k1, p1, k1, T3B, p1; rep from * end p1.

Row 18: same as row 8

Row 19: *p3, T3F, p1, T3B, p2; rep from * end p1.

Row 20: *k4, p5, k3; rep from * end k1.

Rows 21-26: Follows rows 1-6.

Pattern is written for smallest size, with larger sizes in parenthesis. If one number is given, it applies to all sizes.

NOTE: Since this is a hand dyed yarn, it is important to alternate hanks of yarn every couple rows if using more than one skein for a project.

(over)

ABBREVIATIONS: dec = decrease, inc = increase, k = knit, k2tog = knit two together, pssso = pass slip stitch over, p = purl, RS= right side, sl = slip, SSK = slip 1 st as if to knit, slip a second st as if to knit, knit them together through the back loop, st(s) = stitch(es), st st = stockinette st, tbl = through back loop, tog = together, WS = Wrong Side, yo = yarn over, wyif = with yarn in front, wyib = with yarn in back, t3b= sl 1 st to cable needle and hold to back. k2, p1 from cable needle
t3f= sl 2 sts to cable needle and hold to front, p1, k2 from cable needle
MB= make bobble, (k1, p1, k1) into same stitch, turn. p3, turn. k3, turn. p3, turn. sl1, k2tog, pssso.

The fingerless mitts are knit sideways and seamed.

Fingerless Mittens

With size 7 knitting needles, Cast on 25, (61) sts.

Work in cable pattern rows 1-26.

On next row, work in seed stitch & decrease 2 sts evenly across. 23, (59) sts.

Work in seed stitch for $\frac{3}{4}$ ", ending with a WS Row for right hand, and RS row for left hand.

Right Hand Thumb (RS): Seed stitch 5, bind off 5 sts, work in seed stitch to end of row.

Left Hand Thumb (RS): Seed stitch to last 10 sts, bind off 5 sts, seed stitch 5.

On next row, cast on 5 sts over the bound off stitches.

Work even in seed stitch until piece measures 6 $\frac{3}{4}$ " from cast on. Bind off in knit.

Block pieces to measurements.

Sew the cast on and bind off ends together.

Rib Edge: With size 5 double points, pick up and knit 38 (or an even # of sts if you made a wider mitt) sts around one edge of the mitten. Join in the round, place stitch marker. Work in 1x1 ribbing for 1". Bind off. Repeat for other edge.
Weave in all ends.



Headband

With size 5 knitting needles, cast on 109, (121) sts.

Work in 1x1 ribbing for 1". Switch to size 7 knitting needles. Work in Cable Pattern Rows 1-26. Switch to size 5 knitting needles. Work in 1x1 ribbing for 1".

Bind off all sts in rib. Block to measurements.

Sew side seam. Weave in all ends.

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t3f= sl 2 sts to cable needle and hold to front, p1, k2 from cable needle
MB= make bobble, (k1, p1, k1) into same stitch, turn. p3, turn. k3, turn. p3, turn. sl1, k2tog, pss0.